

# COVID-19 update

## Sunday 22 March

We really appreciate how you are all responding to what are very uncertain times. Thank you for your patience and for all your support.

### Staffing absences

As you will be aware our Prime Minister announced yesterday that we are now at COVID-19 Level 2 Alert. While this has had some impact on staff, we have been able to cover the few staff absences with our regular relieving teachers so there will be little impact on the delivery of learning.

You will notice that our office will be unattended at various times throughout the day from now on as our office staff will be working from home. Please ring the bell and wait for assistance.

A reminder that the Ministry of Health is the best source of information for New Zealand and they update this information regularly - <https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus>

### In the meantime, prevention still remains a priority

- wash your hands often with soap and water for at least 20 seconds and dry thoroughly
- avoid touching your eyes, nose, and mouth with unwashed hands
- avoid sharing anything that has come in contact with saliva, whether in your living or social environments
- stay home when you are sick and seek medical attention
- cover your cough or sneeze with a tissue, then throw the tissue in the rubbish
- get adequate sleep and eat well-balanced meals to ensure a healthy immune system.

**A reminder that anyone who is ill should not be attending school.**

If you have any questions or concerns you are welcome to come and chat with me in person or send me an email at any time.

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Nga mihi

Lynda Taylor